



Senior Weekly

'News Flash'

Term 2, Week 4

The focus on this fourth week is to revisit your goals for your senior pathway and beyond. Your goals should be SMART: Specific (simple, sensible, significant), Measurable (meaningful, motivating), Achievable (agreed, attainable), Relevant (reasonable, realistic), and Time bound (time-based, timely). View this video to help set SMART goals.

Important tasks to do this week include:

Attend this week's events:

- ✓ online Parent-Teacher Interviews this Tuesday (11 May) from 2:00 PM to 6:00 PM. All interviews will be conducted online via web conferencing. Bookings for Parent-Teacher Interviews closed 9:00 AM Monday (10 May). Contact Community Engagement Email: communityengagement@brisbanesde.eq.edu.au if any queries regarding Parent-Teacher Interview bookings.
- ✓ online Senior Camp Information Q&A session this Wednesday (12 May) from 6:30 PM to 7:30 PM (only for approved camp students and their parents/home-based supervisors and camp staff)
- ✓ online senior social session (for Year 11 and 12 students) this Thursday (13 May) at lunchtime (come meet senior students, establish a peer network and find a study buddy) ... a great way to connect!
- Access your QCAA Student Portal with your LUI and check your pathway and subjects and email SeniorPathways@brisbanesde.eq.edu.au if any queries
- Year 12 students to complete survey emailed last Wednesday regarding preference of venue for external exams in October 2021 (check your junk folder) and email Kirsti Ellerton (HOD Senior Curriculum) Email: kelle4@eq.edu.au if any queries
- Regularly check your timetable, daily notices and announcements and contact your year level Dean if you require a pathway review or if you have any queries or require any help: Caroline Rasmussen (Year 11 Dean) Email: Year11Dean@brisbanesde.eq.edu.au or Di Bennett/Steph Deeley (Year 12 Dean) Email: Year12Dean@brisbanesde.eq.edu.au

Vision is everything. Believe in your vision and aim to turn it into reality ... have a clear purpose and be working towards meaningful goals and pathways.

BrisbaneSDE Senior Team

Notices - Year 11

- ✓ Week 4 - Tuesday (11 May) - Parent-Teacher Interviews from 2:00 PM to 6:00 PM THIS WEEK
- ✓ Week 4 - Wednesday (12 May) - Senior Camp Information session from 6:30 PM to 7:30 PM THIS WEEK (only for approved camp students and their parents/home-based supervisors and camp staff)
- ✓ Week 4 - Thursday (13 May) - lunchtime: online senior social session THIS WEEK
- ✓ Week 5 - Tuesday 18 May to Friday 21 May - Senior Camp - Maroon Outdoor Education Centre
- ✓ Week 5 - Wednesday 19 May - combined Year 11/12 Assembly

Notices - Year 12

- ✓ Week 4 - Tuesday (11 May) - Parent-Teacher Interviews from 2:00 PM to 6:00 PM THIS WEEK
- ✓ Week 4 - Wednesday (12 May) - Senior Camp Information session from 6:30 PM to 7:30 PM THIS WEEK (only for approved camp students and their parents/home-based supervisors and camp staff)
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Mercy's Health Tip of the Week

Positive thinking Part 2: Understand different thoughts. Reframe negative thoughts into positive ones: Messages in Pharell Williams' " Happy" and Justin Timberlake's " Can't Stop That Feeling" songs can train minds to focus on the positive. Positivity is a state of mind that if you choose it with intention has been proven to bring physical and physiological benefits. Positive mind, positive vibes, positive life! Positive thinking of any shape or size is a good thing. Positivity plays a vital role in our lives to ensure that genuine optimism, engagement, meaning, service to others, and accomplishment are essential components of our daily lives. Because I'm happy ... c lap along if you feel like that's what you wanna do!" Create your own positive playlist today!

If you require some health support or tips, contact Mercy (Nurse with School-based Youth Health Service) Email: Sbyhn.BrisbaneSchoolDE@health.qld.gov.au (Note: Mercy is available on Tuesdays, Wednesdays and Fridays (odd))

Notices - General

- ✓ Student Council is held online every Tuesday lunchtime from the Student Council Blackboard course - contact Caroline Rasmussen (Year 11 Dean) Email: crasm40@eq.edu.au if you wish to join
- ✓ Skills for Assessment (8 week) course has recommenced this term - contact Deb Jane (Literacy Coordinator) Email: dharv49@eq.edu.au if any queries or if interested in joining this term's course
- ✓ Senior Camp will be held next week (Week 5) - contact Hamish Pike (HOD HPE & Camp Coordinator) Email: hmpik0@eq.edu.au if any camp queries NOTE: Senior Camp Information Q&A session to be held online this Wednesday (12 May) from 6:30 PM to 7:30 PM (only for approved camp students and their parents/home-based supervisors and camp staff)
- ✓ External VET course opportunities are available - contact Elena Simmons (External VET Coordinator) Email: esimm10@eq.edu.au if any external VET queries or if check out the External Vocational Education and Training Programs Blackboard course
- ✓ Careers and pathways opportunities and information is regularly posted in Careers & pathways information section of this Blackboard course
- ✓ Reach out to your year level Guidance Officer if you require career or guidance support: Wally Vanek (Year 11 Guidance Officer) Email: wvane1@eq.edu.au or Nicole Collins (Year 12 Guidance Officer) Email: ncoll1@eq.edu.au

“Our destiny is not determined by the number of times we stumble but by the number of times we rise up, dust ourselves off, and move forward.”

Dieter Uchtdorf