



Senior Weekly

'News Flash'

Term 1, Week 5

The focus of this fifth week is to develop effective time management skills. Managing your time wisely can help keep you on track and lower stress and anxiety levels. There are seven days per week and different strategies could be considered: (i) study one subject per day and then leave one day for complete rest and relaxation (ii) study half an hour of each subject per day and then undertake revision sessions on the weekend (iii) spend an hour or so the night before the next day's lessons undertaking flipped learning and proactively seeking out research and inquiry into future lesson content (iv) use a study planner and plan out your weekly study schedule (v) attempt the tasks you least want to do and do them first - as referenced in this quote by Mark Twain: 'if it's your job to eat a frog, it's best to do it first thing in the morning, and if it's your job to eat two frogs, it's best to eat the biggest one first.' Studying will surely seem easier to approach ... than eating frogs!

Important tasks to do this week:

- ✓ Attend this week's events:
 - online Year 11 assembly this Wednesday February 24 - Period 4
 - online senior social session (for Year 11 and 12 students) this Thursday (25 February) at lunchtime (come meet new students, establish a peer network and find a study buddy) Check you have found an approved exam supervisor and completed and submitted the exam supervisor form to the Enrolments team **E:** enrolments@brisbanesde.eq.edu.au
- ✓ Check you have found an approved exam supervisor and completed and submitted the exam supervisor form to the Enrolments team **E:** enrolments@brisbanesde.eq.edu.au
- ✓ Finalise external VET study enrolments and contact Elena Simmons (External VET Coordinator) **E:** esimm10@eq.edu.au if you have any external VET queries or wish to confirm external VET courses
- ✓ Regularly check your timetable, daily notices and announcements and contact your year level Dean if you have any timetabling issues, queries or require help: Caroline Rasmussen (Year 11 Dean) **E:** crasm40@eq.edu.au or Steph Deeley (Year 12 Dean) **E:** sdeell1@eq.edu.au

2021 Student Council roles were decided on Tuesday. Congratulations to Hannah P (Year 11) on becoming Student Council President for this year. The Student Council is looking forward to planning some amazing students projects this year and delivering some student-led segments in upcoming assemblies. Well done to the senior students who participated in the Swimming Carnival on Friday. Thank you to Bernie B and Harry S (Sporting Leaders) and Madi K (School Captain) for encouraging and supporting students at the carnival. Congratulations to senior age champions - Bernie B (Y11-12 Mixed), Iwan K (Y11-12 Boys) and Rachel P (Y11-12 Girls) and to the BLUE house for being the winning team. Special thanks to Rachel P for being amazing and supporting all the young swimmers. We look forward to seeing if RED house can outrun the BLUE in the Cross Country and Athletics Carnivals in Terms 2 and 3 respectively.

Notices - Year 11

- ✓ Week 5 - Wednesday (24 February) - Period 4: second online Year 11 assembly THIS WEEK
- ✓ Week 5 - Thursday (25 February) - lunchtime: online senior social session THIS WEEK

Notices - Year 12

- ✓ Week 5 - Thursday (25 February) - lunchtime: online senior social session THIS WEEK
- ✓ Week 5 - Friday (26 February) Period 4 - Term 1 Skills for Assessment course (Week 3 of 8) THIS WEEK
- ✓ Week 6 - Wednesday (03 March) - Period 4: second online Year 12 assembly NEXT WEEK

Notices - General

- ✓ Reminder: Year 12 students have been emailed their LUI on Friday 12 February. Year 12 students to check emails and email Senior Pathways team Email: SeniorPathways@brisbanesde.eq.edu.au if any queries
- ✓ Student Council is held online every Tuesday lunchtime from the Student Council Blackboard course - contact Caroline Rasmussen (Year 11 Dean) Email: crasm40@eq.edu.au if you wish to join or have any queries
- ✓ Term 1 Skills for Assessment (8 week) course has already started for Year 12 students on Fridays in Period 4 and will continue for the remainder of Term 1 - contact Deb Harvey (Literacy Coordinator) Email: dharv49@eq.edu.au
- ✓ Senior Camp will be held in Term 2 - check out the flyer now available on the website - contact Hamish Pike (Head of Department HPE & Camp Coordinator) Email: hmpik0@eq.edu.au if you have any camp queries
- ✓ Careers and pathways opportunities and information will be posted in Careers & pathways information section of this Blackboard course
- ✓ Mercy (school-based youth nurse) has commenced part-time at BrisbaneSDE - information about Mercy will be provided at upcoming senior assemblies
- ✓ Reach out to your year level Guidance Officer if you require career or guidance support: Wally Vanek (Year 11 Guidance Officer) Email: wvane1@eq.edu.au or Peter Rose (Year 12 Guidance Officer) Email: prose2@eq.edu.au

"Destiny is not a matter of chance: it is a matter of choice. It is not a thing to be waited for: it is a thing to be achieved."

Jeremy Kitson