



# Senior Weekly

## 'News Flash'

### Term 1, Week 8

The focus of this eighth week is to develop your courage muscles to more positively approach upcoming exams. "Courage is like a muscle. The more you use it, the stronger it gets. ... It's a muscle we must practice daily." Here's how you can develop your courage muscles: i. get clear about what you really want, ii. identify your deepest fear, iii. be honest about the cost of inaction, iv. break your vision into small steps, v. create accountability, vi. walk with giants, vii. exit your safety comfort zone daily! Achieving anything worthwhile takes thousands of small brave steps and sheer hard work. But as you start taking action, you will discover that you are capable of more than you thought, and whole new realms of possibility open for you. It begins with a single act of courage. Followed by another. Then another. (Dr Maggie Warrell 2017)

#### Important tasks to do this week:

- ✓ Important tasks to do this week include:  
Attend this week's events:
  - online senior (combined Year 11 and 12) parent/supervisor information night this Wednesday (17 March) at 6:45 PM (strongly recommended - encourage your parents/supervisors to attend)
  - online senior social session (for Year 11 and 12 students) this Thursday (18 March) at lunchtime (come meet new students, establish a peer network and find a study buddy)
  - Week 6 of 8 of the continuing Term 1 Skills for Assessment course (for Year 12 students)
- Finalise external VET study enrolments and contact Elena Simmons (External VET Coordinator) Email: [esimm10@eq.edu.au](mailto:esimm10@eq.edu.au) if you have any external VET queries or wish to confirm external VET courses
- Access your QCAA Student Portal with your LUI and check your pathway and subjects and email [SeniorPathways@brisbanesde.eq.edu.au](mailto:SeniorPathways@brisbanesde.eq.edu.au) if any queries
- Regularly check your timetable, daily notices and announcements and contact your year level Dean if you have any queries or require help: Caroline Rasmussen (Year 11 Dean) Email: [crasm40@eq.edu.au](mailto:crasm40@eq.edu.au) or Di Bennett (Year 12 Dean) Email: [dxben2@eq.edu.au](mailto:dxben2@eq.edu.au)

Wishing you all the best for your upcoming assessments. Go forth and train the brave! Now's the time to step up and become a braver you!!

BrisbaneSDE, Senior Team

#### Notices - Year 11

- ✓ Week 8 - Wednesday (17 March) - online senior (combined Year 11 and 12) Parent Information Evening 6:45 PM (new time)
- ✓ Week 8 - Thursday (18 March) - lunchtime: online senior social session THIS WEEK
- ✓ Week 10 - Wednesday (31 March) Period 4 - next Year 11 Assembly (combined with Year 11 Enrichment Day)

#### Notices - Year 12

- ✓ Note: Refer to recent email from Senior Pathways regarding purchasing Year 12 Senior Jerseys - any queries to [SeniorPathways@brisbanesde.eq.edu.au](mailto:SeniorPathways@brisbanesde.eq.edu.au)
- ✓ Week 8 - Wednesday (17 March) - online senior (combined Year 11 and 12) Parent Information Evening 6:45 PM (new time)
- ✓ Week 8 - Thursday (18 March) - lunchtime: online senior social session THIS WEEK
- ✓ Week 8 - Friday (19 March) Period 4 - Term 1 Skills for Assessment course (Week 6 of 8) THIS WEEK
- ✓ Week 9 - Wednesday (24 March) Period 4 - next Year 12 Assembly

## Notices - General

- ✓ Student Council is held online every Tuesday lunchtime from the Student Council Blackboard course - contact Caroline Rasmussen (Year 11 Dean) Email: crasm40@eq.edu.au if you wish to join
- ✓ Student Times student newsletter is seeking student news stories and student gallery items for its Term 1 edition. Submissions due this Friday (19 March) and can be emailed to Caroline Rasmussen (Year 11 Dean) Email: crasm40@eq.edu.au
- ✓ Term 1 Skills for Assessment (8 week) course is already under way for Year 12 students on Fridays in Period 4 and will continue for the remainder of Term 1 - contact Deb Harvey (Literacy Coordinator) Email: dharv49@eq.edu.au
- ✓ Senior Camp will be held in Term 2 - check out the flyer now available on the website - contact Hamish Pike (Head of Department HPE & Camp Coordinator) Email: hmpik0@eq.edu.au if you have any camp queries
- ✓ Careers and pathways opportunities and information will be posted in Careers & pathways information section of this Blackboard course
- ✓ Mercy (School-based Youth Nurse) has commenced part-time at BrisbaneSDE - more information about Mercy can be found in the "Student Support and inclusion" tab
- ✓ Reach out to your year level Guidance Officer if you require career or guidance support: Wally Vanek (Year 11 Guidance Officer) Email: wvane1@eq.edu.au or Margie Simpson (Year 12 Guidance Officer) Email: msimp5@eq.edu.au (Note: Margie is available on Mondays and Tuesdays)

**"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. You're on your own. And you know what you know. And YOU are the one who'll decide where to go ... only you can control your future."**

***Dr Seuss***