



Senior Weekly

'News Flash'

Term 2, Week 8

The focus this week is to tee up a solid work, life and study balance. Remember it is about quality and not quantity. Learning to work smarter, not harder, is the main aim when it comes to achieving study-life balance. Why spend eight distracted hours chained to your desk, when two fully focused hours would be way more beneficial? To ensure you are getting the most out of your study time, follow some [tips from Reachout](#).

Important tasks to do this week include:

Attend this week's events:

- ✓ online senior social session (for Year 11 and 12 students) this Thursday (10 June) at lunchtime (this session will continue with a yarnning circle run by Joshua Sinclair (Indigenous Teacher Aide) Email: jsinc106@eq.edu.au)
- ✓ Attend exams for Year 11 students studying Business Studies, Essential Maths and Essential English and for Year 12 students studying Economics - refer to work rate calendars and subject teachers for more information (remember to bring required materials and approved calculator where applicable) (senior lessons are expected to run per usual this week)
- ✓ Access your QCAA Student Portal with your LUI and check your pathway, subjects and credit points and email SeniorPathways@brisbanesde.eq.edu.au if any queries
- ✓ Complete the online QCAA Academic Integrity course (access course via your QCAA Student Portal) to help you understand the correct way to approach assessment - email Kirsti Ellerton (HOD Senior Curriculum Teaching Learning) Email: kelle4@eq.edu.au if any queries
- ✓ Year 12 students to complete survey (emailed Wednesday 05 May) regarding preference of venue for external exams in October 2021 (check your junk folder) - email Kirsti Ellerton (HOD Senior Curriculum Teaching Learning) Email: kelle4@eq.edu.au if any queries
- ✓ Regularly check your timetable, [daily notices](#) and announcements and contact your year level Dean if you require a pathway review or if you have any queries or require any help: Caroline Rasmussen (Year 11 Dean) Email: Year11Dean@brisbanesde.eq.edu.au or Di Bennett/Steph Deeley (Year 12 Dean) Email: Year12Dean@brisbanesde.eq.edu.au
- ✓ Thank you to all the staff and students who attended sessions for National Reconciliation Week last week. The senior social session last week included a yarnning circle and this will continue on to this week's social session. Aim to come along Thursday lunchtime to share stories in a safe place to be heard and to respond.

BrisbaneSDE Senior Team

Notices - Year 11

- ✓ Week 8 - Thursday (10 June) - lunchtime: online senior social session THIS WEEK
- ✓ Week 9 - Wednesday (16 June) - next Year 11 Assembly NEXT WEEK
- ✓ Week 10 - BrisbaneSDE Cross Country and Connect Day - more information to be provided next week

Notices - Year 12

- ✓ Week 8 - Thursday (10 June) - lunchtime: online senior social session THIS WEEK
- ✓ Week 9 - Wednesday (16 June) - next Year 12 Assembly NEXT WEEK
- ✓ Week 10 - BrisbaneSDE Cross Country and Connect Day - more information to be provided next week

Mercy's Health Tip of the Week

Friendship tips: Making friends online takes some patience and persistence but I promise, can be very fulfilling and easy to do. We all NEED social connection for our emotional, mental and physical wellbeing. And it becomes more important when so much of our day is spent on our own or as a faceless voice in a class. But making connections and friendships online is possible and actually has some advantages. Here are some simple ways to start: (i) Interact in classes: identify one or two people you would like to get to know or have similar interest with and talk to them in the chat (while paying attention obviously 😊) (ii) Agree to attend Social Sessions with those people to get to know them more (iii) If you're unsure of what to say, prepare some starter questions and then let the conversation flow from there (iv) Get involved in a student club at school to meet like-minded people (v) Remember, true friendship is based on respect and kindness and both parties have to be interested in continuing the friendship and moving it forward (vi) Make plans to meet up with your new friends in real life and have fun! For more tips go to:

<https://au.reachout.com/relationships/friendships>

If you require some health support or tips, contact Mercy (Nurse with [School-based Youth Health Service](#)) Email: <mailto:Sbyhn.BrisbaneSchoolDE@health.qld.gov.au>

Note: Mercy is available on Tuesdays, Wednesdays and Fridays (odd)

Notices - General

- ✓ Slides from last week's Parent Information Evening sessions are available from [Senior Secondary Comms](#) section of BrisbaneSDE website and recordings are available from this Blackboard course -> Online sessions -> (three line icon) -> Recordings (student login required to access recordings)
- ✓ Student Council is held online every Tuesday lunchtime from the Student Council Blackboard course - email Caroline Rasmussen (Year 11 Dean) Email: crasm40@eq.edu.au if you wish to join
- ✓ BrisbaneSDE's Got Talent (BGT) 2021 is now under way with even more categories than last year - start preparing your talent act - submissions close Week 2 of Term 3 - email Caroline Rasmussen (BrisbaneSDE's Got Talent Supervising Teacher) Email: crasm40@eq.edu.au if any queries or you wish to join the BGT team
- ✓ BrisbaneSDE Student Times (student newsletter) Team is currently seeking newsworthy student stories and student gallery items for its Term 2 edition - email queries or submissions to Caroline Rasmussen (Student Times Supervising Teacher) Email: crasm40@eq.edu.au
- ✓ Student Clubs starting soon - check Blackboard announcements regularly for more information on student clubs - contact Caroline Rasmussen (Year 11 Dean) Email: crasm40@eq.edu.au if any queries regarding student clubs
- ✓ Skills for Assessment (8 week) course (held Fridays in Period 4) has recommenced this term - contact Deb Jane (Literacy Coordinator) Email: dharv49@eq.edu.au if any queries or if interested in joining this course
- ✓ External VET course opportunities are available for Semester 2 start - contact Elena Simmons (External VET Coordinator) Email: esimm10@eq.edu.au if any external VET queries or if check out the [External Vocational Education and Training Programs Blackboard course](#)
- ✓ Careers and pathways opportunities and information is regularly posted in [Careers & pathways information](#) section of this Blackboard course
- ✓ Reach out to your year level Guidance Officer if you require career or guidance support: Wally Vanek (Year 11 Guidance Officer) Email: wvane1@eq.edu.au or Nicole Collins (Year 12 Guidance Officer) Email: ncoll1@eq.edu.au

"Start where you are. Use what you have. Do what you can."

Arthur Ashe