

Year 11 Health

Work rate calendar (WRC) 2025

Term 1

All students are expected to participate in all online lessons and complete all assessment as outlined in this **Work rate calendar**.

Teachers may adjust topics, class work, assessment and submission dates. Adjustments will be communicated via QLearn or during lessons.

Assessment				
Supervised assessment		Summative exams are to be supervised by the student's official exam supervisor.		
Non-supervised assessment		Students must sign declaration of academic integrity.		
Week	Dates	Unit	Topic	Class work / Assessment to be submitted
1	27 Jan – 31 Jan	Unit 1: Resilience as a personal health resource	Monday 27 January — Australia Day Holiday	
			Understanding health	
2	3 Feb – 7 Feb		River of life, determinants of health, social justice	
3	10 Feb – 14 Feb		Friday 14 February — Senior orientation day: Years 10–12	
			Understanding stress and resilience	
4	17 Feb – 21 Feb		Health literacy and PERMA+	
5	24 Feb – 28 Feb		Analysing health data	
6	3 Mar – 7 Mar		Applying PERMA+ and developing action strategies	
7	10 Mar – 14 Mar		Examining strategies and systems and FA1 (1)	
8	17 Mar – 21 Mar		Evaluating resources using The Ottawa Charter and FA1 (1)	FA1 Draft Friday 21st March 5pm
9	24 Mar – 28 Mar	Exams: Year 11		
10	31 Mar – 4 Apr	Thursday 3 April — Cross country / Fun run: Prep – Year 12		
		Proposing action: FA1 (3)		

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Term 2

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Assessment				
Supervised assessment		Summative exams are to be supervised by the student's official exam supervisor.		
Non-supervised assessment		Students must sign declaration of academic integrity.		
Week	Dates	Unit	Topic	Class work / Assessment to be submitted
1	21 Apr – 25 Apr	Unit 1: Resilience as a personal health resource	Monday 21 April — Easter Monday	FA1 Final Thursday 24th April 5pm
			Tuesday 22 April – Thursday 24 April — School camp: Year 11	
			Friday 25 April — Anzac Day	
			Actioning feedback: FA1 (3)	
2	28 Apr – 2 May		Exam preparation	
3	5 May – 9 May		Monday 5 May — Labour Day	
			Exam preparation	
4	12 May – 16 May		Exam preparation	
5	19 May – 23 May		FA2 Examination	FA2
6	26 May – 30 May		Determinants of health	
7	2 Jun – 6 Jun	Dimensions of health and alcohol across the life course		
8	9 Jun – 13 Jun	Social Cognitive theory		
9	16 Jun – 20 Jun	Data and trends		
10	23 Jun – 27 Jun	Unit 2: Peers and family as a resource for healthy living (Alcohol)	Friday 27 June — Athletics carnival / Sports day: Prep – Year 12	
			Environmental based protective factors and social justice	

Disclaimer: Information contained in this document is correct at time of publishing.

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Term 3

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Assessment

Supervised assessment Summative exams are to be supervised by the student's official exam supervisor.

Non-supervised assessment Students must sign declaration of academic integrity.

Week	Dates	Unit	Topic	Class work / Assessment to be submitted
1	14 Jul – 18 Jul	Unit 2: Peers and family as a resource for healthy living (Alcohol)	The Ottawa Charter	
2	21 Jul – 25 Jul		Action strategy	FA3 Draft Friday 25 th July 5pm
3	28 Jul – 1 Aug		Evaluating action using RE-AIM	
4	4 Aug – 8 Aug		Actioning feedback FA3	
5	11 Aug – 15 Aug		Wednesday 13 August — Royal Queensland (Ekka) Show Holiday Actioning feedback FA3	FA3 Final Friday 15 th August 5pm
6	18 Aug – 22 Aug		Exam preparation	
7	25 Aug – 29 Aug		Exam preparation	
8	1 Sept – 5 Sept		Friday 5 September — Student free day Exam preparation	
9	8 Sept – 12 Sept		Exam preparation	
10	15 Sept – 19 Sept		Exams: Year 11 Friday 19 September — Connect day: Years 11–12	FA4

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Term 4

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Assessment	
Supervised assessment	Summative exams are to be supervised by the student's official exam supervisor.
Non-supervised assessment	Students must sign declaration of academic integrity.

Week	Dates	Unit	Topic	Class work / Assessment to be submitted
1	6 Oct – 10 Oct	Unit 3: Community as a resource for health living (Road safety)	Monday 6 October — King's Birthday Holiday	
			How does road safety relate to health?	
2	13 Oct – 17 Oct		Health determinants and secondary data	
3	20 Oct – 24 Oct		Road safety and how it impacts health and secondary data	
4	27 Oct – 31 Oct		Road safety and how it impacts health and secondary data	
5	3 Nov – 7 Nov		Primary data collection (1) and SEM (1) and IA1 (1)	
6	10 Nov – 14 Nov		SEM continued and DOI	
7	17 Nov – 21 Nov		Friday 21 November — Aquatic carnival: Prep – Year 11	
			SEM and DOI continued (2) and IA1 (1)	
8	24 Nov – 28 Nov		Exams: Year 11	
		Friday 28 November — Final day: Years 10–11		
9	1 Dec – 5 Dec			
10	8 Dec – 12 Dec			