



CAREERS

Finding that career for you

**People asking you what do you want to do
when you leave school?**

**Don't know, confused but want to find
the career for you?**



The Guidance Officer has prepared the following activities for you to start you thinking about the career for you.

This activity will guide you on the road to successfully finding the career for you.



Your career — A lifelong journey

Your career is something much larger than a job or an occupation.

Your career is the variety of experiences of learning and work (both unpaid and paid) that you undertake throughout your lifetime.

Our careers are influenced by many things, such as our interests, our age, our education, our families and our cultural values — most of which change over time. In the 21st century, very few people will have the same job or occupation for life. You can expect to make several changes throughout your career.



Learning goals — what do you hope to achieve?

- Become aware of my strengths, abilities and attributes
- Investigate my interests
- Use my interests to match suitable careers
- Develop a career pathway to prepare for further studies, work and lifelong learning

Step 1

Get to know yourself better
Find out about yourself

Complete the **This is me activity** on the following page/s to create your personal profile.

This is me!

Many factors affect your career choices, including the people in your life and your circumstances, but the best way to start thinking about your career is to narrow down the focus to you — your interests, attributes and experiences.

Making plans for your future can be challenging. Starting with a self-reflection process can give you more choices and guide you on the right career path.

Describe three (3) of your best attributes.



Describe a situation where you experienced success. How did it make you feel?

What are your key skills or strengths?

What activities do you find most fulfilling or enjoyable?

Name a skill that you'd like to improve and explain why.

What's important to you?

Describe any hobbies/talents you have. Is it possible to turn them into a career?

What do you know about yourself that could help you make good career decisions? (Consider work environment, working hours, working alone or in a team, etc.)

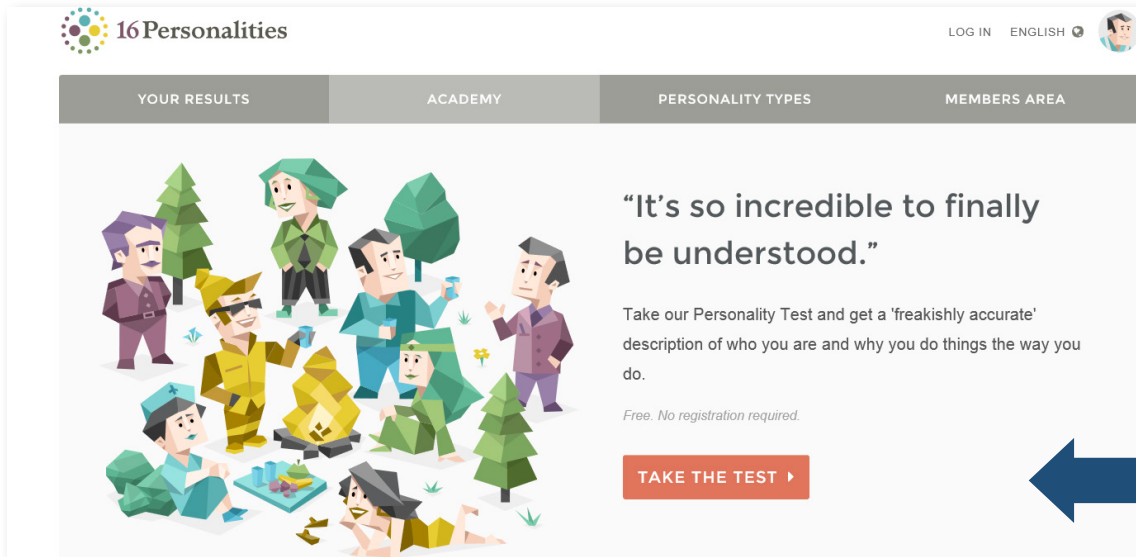
Explain any links you can see between the subjects you enjoy and potential careers.

Which subject/s at school do you enjoy the most? Explain why?

Want to know more about yourself?

Take a personality test to discover who you are and why you do some things the way you do. It's enjoyable and fun and something your family and friends can do

Access this link to start you personality test <https://www.16personalities.com/>



What is your personality type?

Your personality

Step 2

What type of work would suit you? Career investigation

Now that you have found out more about who you are and you have identified your strengths and weaknesses, it's time to learn how your interests and skills can lead to a job for you.

To access the Myfuture career website, you will need to open an account.

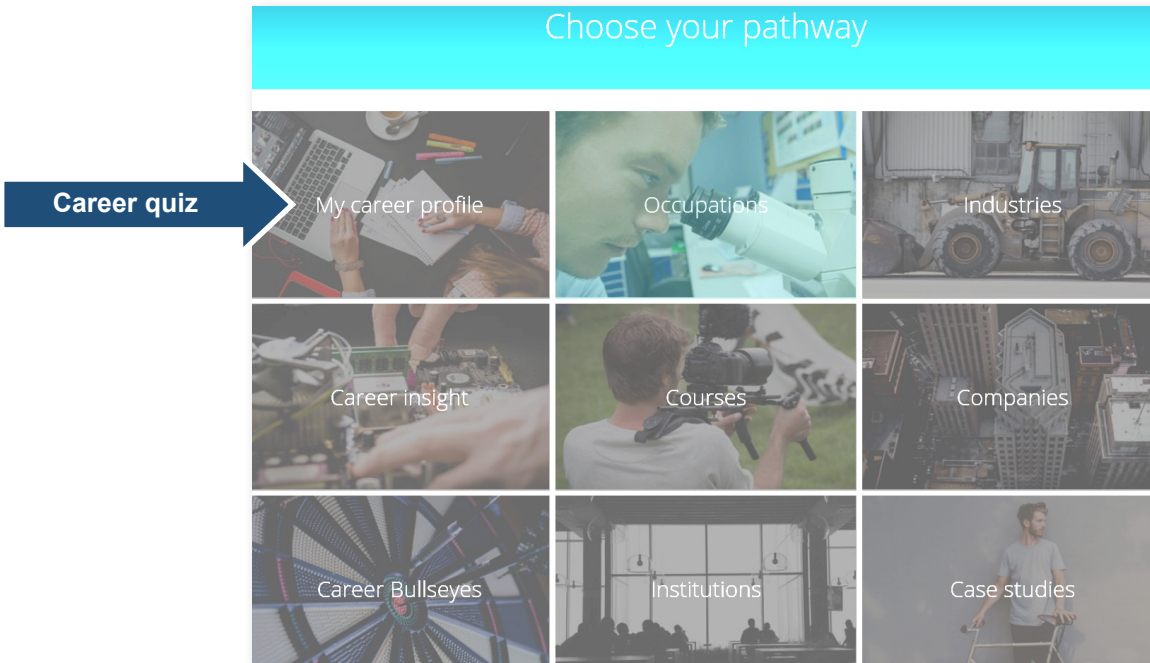
Go to <https://myfuture.edu.au>



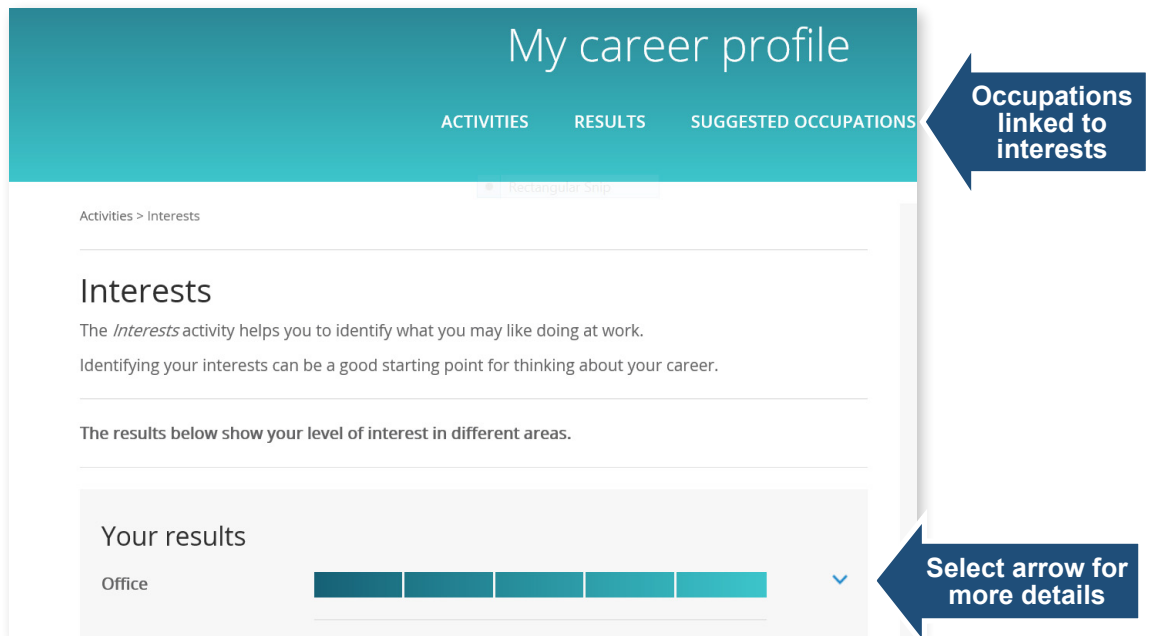
Select a username and password that you will remember so that you can log into Myfuture anytime.

1. Once logged in, select the **My career profile** tile.
2. You can begin completing your profile by selecting the **Interests** tile from the **Activities** tab.

- Complete the career quiz. You are required to complete the 21 questions presented. Once done, select **Submit** to end the activity. Once the quiz is complete you will then be presented with an overview of your results for the **Interests** activity. You can select the arrows next to the strength bars for a description of each area.



- Check your career profile of interests. Select the **Suggested Occupation** tab for occupations linked to your interests.

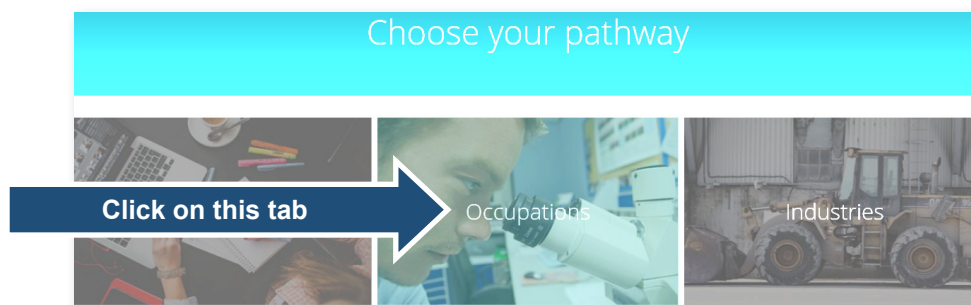


Step 3

Gather information to determine if this is the right career for you

1. You can now view a list of suggested occupations based on your answers to the **Interests** and **Skills** activities by selecting the **Suggested occupations** tab at the top of the page.
2. The suggested occupations listed are linked to full occupation profiles which will enable you to find out more about the occupation including tasks, expected salary, and skill level requirements.

Take time to make decisions if you are interested in the careers that have been recommended. The best way is to gather information about each of these occupations. Using the Career exploration questions in the diagram will assist you to make decisions on what career suits you. Either Go to <https://www.myfuture.edu.au/occupations> or access the Occupations tab in Myfuture website



For more information, watch the Occupation search video on the User guides page, <https://myfuture.edu.au/footer/user-guides>

Career exploration

Research an occupation or career you'd like to find out more about.





What careers did I choose for myself?

List the careers that you have finally selected

- 1.
- 2.
- 3.
- 4.

What do I need to do achieve my career goal while at school?

My action plan

- 1.
- 2.
- 3.
- 4.
- 5.

Other useful career websites

- | | |
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| Career videos: | https://www.youtube.com/user/myfutureAustralia |
| Vocational education and training: | https://www.myskills.gov.au/ |
| Career and labour market: | https://joboutlook.gov.au/ |
| Apprenticeships and traineeships: | https://www.aapathways.com.au/ |
| Career information: | www.careersonline.com.au/jobs/ |
| TAFE career quiz: | https://myprofiler.tafeqld.edu.au/ |

For more information and support please contact the Guidance Officers at BrisbaneSDE.